

## 2016 Results

# Weightlifting

### Adult (21+) Women's 63 kg

7/23/2016

1. SARAH SMILEY (LAFAYETTE, CO)
2. HANNAH SMITH (COLORADO SPRINGS, CO)
3. BRIA LEE (BOULDER, CO)

### Female Adult (21+) Women's 48 kg

7/23/2016

1. ELIZABETH CARROLL (LONE TREE, CO)

### Female Adult (21+) Women's 53 kg

7/23/2016

1. MARIA SNYDER (COLORADO SPRINGS, CO)
2. RACHEL ROLLER (BOULDER, CO)
3. GLENDA WOODARD (COLORADO SPRINGS, CO)

### Female Adult (21+) Women's 58 kg

7/23/2016

1. ERICA PARISE (BOULDER, CO)
2. JAQUELIN ONG (COLORADO SPRINGS, CO)
3. ELIZABETH BOHANNON (ENGLEWOOD, CO)

### Female Junior (18-20) Women's 58 kg

7/23/2016

1. RISA ONTIVEROS (DURANGO, CO)

### Female Junior (18-20) Women's 63 kg

7/23/2016

1. SHERIDAN LINTZ (LOVELAND, CO)

### Female Masters (35+) Women's 53 kg

7/23/2016

1. ROSANNE ALLEN (LOUISVILLE, CO)
2. JANIS MCBEE (GRAND JUNCTION, CO)

### Female Masters (35+) Women's 58 kg

7/23/2016

1. KANDI LAGAS (SUPERIOR, CO)
2. MEGAN JOHN (LAKEWOOD, CO)

3. SARAH PANCOAST (SUPERIOR, CO)

**Female Masters (35+) Women's 63 kg**

7/23/2016

1. JENNIFER LEE (BOULDER, CO)
2. CINDY ERICKSON (DURANGO, CO)
3. CRISTYN MERRY (ERIE, CO)

**Female Youth (13U) 13U Girls 35 kg**

7/23/2016

1. CHLOE MERRY (ERIE, CO)

**Female Youth (13U) 13U Girls 44 kg**

7/23/2016

1. BRIANNA AMOS (COLORADO SPRINGS, CO)

**Female Youth (13U) 13U Girls 58+ kg**

7/23/2016

1. ISABELLE HAGEMAN (EIE, CO)

**Male Adult (21+) Men's 62 kg**

7/23/2016

1. ALE ALAS (COLORADO SPRINGS, CO)
2. TYLER ALEXANDER (USAFA, CO)
3. MYCHAEL SWENNING (COLORADO SPRINGS, CO)

**Male Adult (21+) Men's 69 kg**

7/23/2016

1. DEION FRAIRE (COLORADO SPRINGS, CO)
2. TAYLOR MCTAVISH (THORNTON, CO)
3. TERRY KIM (COLORADO SPRINGS, CO)

**Male Adult (21+) Men's 77 kg**

7/23/2016

1. COLTON KELLEY (FORT COLLINS, CO)
2. JACOB STERNY (BOULDER, CO)
3. CODY BELL (COLORADO SPRINGS, CO)

**Male Adult (21+) Men's 85 kg**

7/23/2016

1. BRANDON DEINES (GOLDEN, CO)
2. BRIAN BENDER (BROOMFIELD, CO)
3. BLAINE BROWN (COLORADO SPRINGS, CO)

**Male Junior (18-20) Men's 77 kg**

7/23/2016

1. **DEVON BAKER (COLORADO SPRINGS, CO)**
2. **BENJAMIN JAROS (BOULDER, CO)**

**Male Junior (18-20) Men's 85 kg**

7/23/2016

1. **NATHAN SPINUZZI (PUEBLO, CO)**
2. **JOSEPH ZEPEDA (COLORADO SPRINGS, CO)**

**Male Masters (35+) Men's 77 kg**

7/23/2016

1. **STEVEN LEFLAR (ENGLEWOOD, CO)**
2. **GLENN HERBERT (BROOMFIELD, CO)**
3. **ADAM FORD (GRAND JUNCTION, CO)**

**Male Masters (35+) Men's 85 kg**

7/23/2016

1. **DAVID GRAY (COLORADO SPRINGS, CO)**
2. **JEREMIAH SULLENGER (LAFAYETTE, CO)**

**Male Youth (13U) 13U Boys 35 kg**

7/23/2016

1. **LINCOLN HAGEMAN (ERIE, CO)**

**Male Youth (14-17) Men's 69 kg**

7/23/2016

1. **ISAAC FRAIRE (COLORADO SPRINGS, CO)**

**Male Youth (14-17) Men's 77 kg**

7/23/2016

1. **HOLDEN NICOLETTI (FREDERICK, CO)**

**Female Adult (21+) Women's +75 kg**

7/24/2016

1. **MARIL DAVENPORT (LOUISVILLE, CO)**
2. **AUDRA CARD (COLORADO SPRINGS, CO)**
3. **MAGGIE CRANK (DENVER, CO)**

**Female Adult (21+) Women's 69 kg**

7/24/2016

1. **KAITLIN BENDER (BROOMFIELD, CO)** 153
2. **KELSEY COUTS (COLORADO SPRINGS, CO)** 139

**Female Adult (21+) Women's 75 kg**

7/24/2016

1. SYLVIA HOFFMAN (COLORADO SPRINGS, CO)
2. NICOLE LEMPE (GOLDEN, CO)
3. CAROLINE CHARTRAND (COLORADO SPRINGS, CO)
4. HALI DICKSON (COLORADO SPRINGS, CO)

**Female Junior (18-20) Women's +75 kg**

7/24/2016

1. ANGELINA SANDOVAL (COLORADO SPRINGS, CO)

**Female Masters (35+) Women's 69 kg**

7/24/2016

1. KIM HAGEMAN (ERIE, CO) 141
2. PAMELA MARSCHNER (DENVER, CO) 140
3. JENNIFER FISTANI (COLORADO SPRINGS, CO) 71

**Female Masters (35+) Women's 75 kg**

7/24/2016

1. KRISTIN PRILIPP (AURORA, CO)
2. CAROLYNE WILDING (COLORADO SPRINGS, CO)
3. DOTTIE WHITE (COLORADO SPRINGS, CO)

**Female Youth (14-17) Women's 69 kg**

7/24/2016

1. ALEXIS RAFFAELI (OGALLALA, CO) 149
2. RUBY HAMAN (COLORADO SPRINGS, CO) 149
3. ISABELLA FISTANI (COLORADO SPRINGS, CO) 91

**Male Adult (21+) Men's +105 kg**

7/24/2016

1. SCOTT STANLEY (HOUSTON, TX) 235
2. ROBERT ZIEBA (LONGMONT, CO) 188

**Male Adult (21+) Men's 105 kg**

7/24/2016

1. JASON THOMAS (LOUISVILLE, CO) 288
2. COREY ROBINSON (ENGLEWOOD, CO) 258
3. JAY CLARK (FREDERICK, CO) 247

### **Male Adult (21+) Men's 94 kg**

7/24/2016

- |    |  |     |
|----|--|-----|
| 1. | <b>CHRISTIAN MCWORKMAN (LARAMIE, WY)</b>       | 245 |
| 2. | <b>IAN BLOCK (DENVER, CO)</b>                  | 215 |
| 3. | <b>MICHAEL MARROON (COLORADO SPRINGS , CO)</b> | 173 |

### **Male Junior (18-20) Men's 94 kg**

7/24/2016

- |    |   |     |
|----|---|-----|
| 1. | <b>JORDAN AIKENS (COLORADO SPRINGS, CO)</b> | 202 |
|----|---|-----|

### **Male Masters (35+) Men's 105 kg**

7/24/2016

- |    |                                       |     |
|----|---------------------------------------|-----|
| 1. | <b>CHIP KENT (, CO)</b>               | 240 |
| 2. | <b>BENSON FLETCHER (DURANGO , CO)</b> | 230 |
| 3. | <b>PAUL LADUKE (WESTMINSTER, CO)</b>  | 200 |

### **Male Masters (35+) Men's 94 kg**

7/24/2016

- |    |  |     |
|----|--|-----|
| 1. | <b>DAN FINCK (WESTMINSTER, CO)</b>     | 246 |
| 2. | <b>DAMIEN BIELLI (WESTMINSTER, CO)</b> | 234 |
| 3. | <b>JACOB NESTER (DURANGO, CO)</b>      | 217 |