



UNITED STATES  
OLYMPIC COMMITTEE  
TRAINING CENTER  
1 Olympic Plaza  
Colorado Springs, CO 80909

## JUNIOR Learn the Velodrome Course Information Sheet

**Who:** Any 9 to 18 year-old interested in learning how to ride the Velodrome track that does not already possess a USA Cycling Track Category 4 or better license. Licenses in other disciplines in cycling cannot be fast tracked through the class.  
**\*This class is mandatory before any new rider can train on the track\***

**What:** This class introduces new cyclists to the Velodrome track to include safety, etiquette and skills. **This occurs over three 2-hour sessions.**

### **Class Requirements:**

- Age 9 – 18 years.
- You must be able to ride a bike.
- Track bicycles will be provided. If you would like to bring your own pedals to fit your shoes, we will put your pedals on the loaner bike.
- A release form must be signed by a parent or guardian.
- Dress appropriately for riding. Loose clothing is not recommended. Colorado weather is known for quick changes so please bring layers in the summer months.
- Bring water and a snack.

**When:** Wednesdays 5 - 7 p.m.  
Fridays 6 – 8 p.m.

*\*Dates & times subject to change. Check [www.teamusa.org/velo](http://www.teamusa.org/velo) for the most up-to-date schedule.*

*\*Sessions can be done in order at your discretion, but must be completed within 30 days of first session.*

**Where:** OTC Velodrome in Memorial Park, Colorado Springs, CO

**How:** Get more info or register by emailing [LTV@usoc.org](mailto:LTV@usoc.org)

**Cost & Payment:** Session 1 \$30\*  
Session 2 & 3 \$120 (total, collected as one payment)

One-day (\$15) or year-long (\$70) USA Cycling license

*\*Session 1 purchase does not commit rider to Sessions 2&3. We accept cash, checks and VISA.*

Email: [LTV@usoc.org](mailto:LTV@usoc.org)

(719) 634-8356

[www.teamusa.org/velo](http://www.teamusa.org/velo)